

Shamanic Sound Healing

Weekend 15h training



Tilburg - The Netherlands

AUGUST 31 & 1



WWW.RUYHINOSTROZA.COM

Sound Healing can be wide, since there are many instruments to discover.

In this weekend course you will learn about the shamanic approach by exploring some ancient instruments from Peru.

When we listen to nature speaking, something deep inside starts to wake up.

We'll explore and remember our healing powers!





We will often meditate to connect with music from a more balanced mind and this will allow us to go deeper.

Shamanic instruments and sounds will be the main focus; we will learn how to transform energy into healing frequencies of music.

This beautiful program contains some theory and lots of exercises that will take you to start the path of Sound Healing or adding some extra musical magic to your life.

This is the pack that's included with the registration.
We will dive into the depth of simplicity and healing
with these sacred instruments and guided meditations.



Chaqchas, antara and maraca

There will be many more instruments to share with everyone.
You can also bring your own instruments!



SATURDAY

Welcome!

10:30 - 12

Introduction & Theory

Sound Healing with Ruy

12

Shaking & Voice opening
(with shamanic seeds)

14

Lunch

15

Music & Sound Healing jam

16

Learning from wise Bamboo
(exercises with antara)

17

Cleansing with seeds

19 - 20

8h

SUNDAY

Morning meditation 10:30

Healing to others
(Exercise part I) 11

+
Sharing 12:30

Lunch 13

Healing to others
(Exercise part II) 14

Break 15:30

Sound Healing
with all the tribe 16

Sharing circle
& closing 18 - 19

7h

INVESTMENT

EARLY BIRD

€ 222 (Until 28/07)

Full Price

€ 250

*Meals not included (VAT incl)
(bring your lunchbox to have lunch all together!)
*Accommodation not included

In order to confirm your registration and reserve your place in the training, we ask for minimum 50% deposit in advance to the following bank account:

NL45INGB0105490008

Ruy Valdemar Gonzalo Hinostroza Sipkes

Then send the payment voucher to my E-mail or Whatsapp:

ruhinostroza@gmail.com or +31 686295168 

And welcome! 😊



WHERE?

Soul Care

Tilburg - The Netherlands

WHEN?

Weekend of August 31 - Sep 1

WHO AM I?



www.ruyhinostroza.com/biography 

MY MUSIC



SOCIAL MEDIA

